



The Cursillo Movement of the Archdiocese of Toronto

The Fourth Day Newsletter

January 2010

“Make a Friend, Be a Friend, Bring that Friend into Friendship with Christ”

Spiritual Director’s Message - Living The Tripod

With a new year, whether the liturgical year which began with Advent or the calendar year which began with January, we renew our priorities. Our priorities were listed in the Christian Life rollo on the third day of our Cursillo. In order of importance, they are God, our vocation, our avocation (job) and our apostolate.

Their hierarchy of order is maintained and developed by living the tripod. Piety, study and apostolic action help us to foster the proper flow in our lives. When I neglect habits of piety in my life, idolatry has bullied its way into my lifestyle. That is, someone or something has become god in my life other than the Blessed Trinity.

When I neglect study, I have begun to grieve the Holy Spirit who reveals the truth and the gospel to me through the content of our study. Then, we are in danger of being do-gooders. Do-gooders are those who are lured into doing the good acts of service that they prefer to the neglect of what is the will of God for them in their vocations, avocations and/or apostolates.

Accordingly, our piety and study protect us from becoming activists. Activism is an aberration, as are all isms. To keep our apostolic action and our apostolate pure and grace-based, our habits of piety and study prevent us from any action which overextends us.

May all have a fruitful 2010.

Father Terrence McKenna, Spiritual Director

Lay Director’s Message

Authentic sharing is at the heart of my Cursillo tripod of piety, study and action. I hope it is at the heart of yours as well. Honesty, confidentiality and respect are essential. Sharing the grace that comes from sharing Christ’s presence in my life includes both the successes and failures. This grace helps me to see what I am doing right and where I need to change. That grace will hopefully give someone I am sharing with, evidence of Christ at work in my everyday life that may apply to their own life and

circumstances. I know I gain that wisdom and knowledge from their sharing. It gives me hope for each day.

The dynamics of authentic sharing are important. I must use "I" statements; I think, I feel, I experienced. If I use we, you, they, people, etc., it can be interpreted as fake, dishonest, not real, a lie, or as an unwillingness and/or inability to know myself, and acknowledge my faults and joys. Respectful listening requires me to pay attention to what someone else is sharing without making comments, judgments, noises, motions or other distractions and to maintain eye contact. It is not a discussion or response like the active listening I use in business. Sharing in Cursillo is about listening and seeing Christ in the witness. It is seeing their woundedness and also seeing their physical, emotional and spiritual healing. It is attentiveness with my whole being, my sight, hearing, intuition, an open mind and spirit to really hear and understand what the other person is saying while looking for the graces within their experiences. I am grateful for the authentic sharing from people I meet at home, work, social events, hobbies, Cursillo and my church.

I pray each of you finds Christ, great joy and grace in your sharing with others. Decolores!

Cathy Ferren, Lay Director

General Information

<http://cursillotoronto.com>

Secretariat Meetings.....Fourth Thursday of the Month @ 7:00 pm at Consolata 2nd Floor Room 4
Any Cursillista is welcome to attend and observe.

Ultreyas

GTA Ultreya.....First Monday of the Month @ 7:00 pm at Consolata
Brampton Ultreya.....First and Third Thursdays @ 7:45 pm at [St. Jerome's Church](#)
Mimico Ultreya.....Every Thursday @ 7:30 pm at [St. Leo's Church](#) (basement)
Toronto East Ultreya.....Second Saturday @ 10:00 am at

School Of Leaders

Mondays @ 7:00 pm at Consolata in the downstairs hall, the new spring semester begins Monday January 18, 2010. If you have any questions about the school of leaders, contact the Rectors of the School, Manchiu and Flavia Wong at 905-624-2752 or wlm.wong@sympatico.ca.

Post Cursillo – Group Reunion

The Group Reunion is a small group of Cursillo friends that meet on a regular basis. The purpose of this meeting is to share with one another the growth that has taken place within each of us. We share our spiritual growth as well as our growth in becoming a person who strives to bring a Christ-like attitude to our environments. This meeting is referred to as a Friendship Group. The Group Reunion provides the continual support we need in order to persevere as a part of God's plan.

Contact Post Cursillo, Ernie King for help forming or finding a group reunion at 905-619-6943.

Internet Prayer Line

cursillo.toronto.prayerline@gmail.com

2010 Toronto Cursillo Weekends

Applications for Spring and Fall 2010 weekends should be sent to Pre Cursillo, contact Evie Warden 905-840-8377. If you need an application let Evie know and one can be sent out to you by e-mail.

Spring Weekends

Men May 27-30, 2010

Women June 10-13, 2010

Fall Weekends

Men November 18-21, 2010

Women December 2-5, 2010

Secretariat Profile – Lucia Tobin, Palanca Coordinator

My name is Lucia Tobin, I made my Cursillo in November of 1993 and sat with St. Mary's group. Cursillo has brought me back into the arms of Christ where I belong. I thank God every day for the gift of Cursillo. I was lost and now I'm found.

4th Day Witness – Cursillo And Living A Life in Grace

I was invited to participate in the Cursillo weekend in June 2006. Although, I was very sceptical, by asking many questions; about the process of the weekend? My experiences of this weekend lead me to believe that Christ is the focal point of this encounter.

Through my entire time, I lived a Christian Life and thought I really knew Christ well. I was searching for something else to fill my needs. Even though, I knew I was blessed with a beautiful family of one son and three daughters, in the quietness of each day; I offer up my struggles to Christ through Palanca and patiently waited for his answer.”

After contemplating on my knees how to get closer to Christ; I was drawn to the bible and read the following. ie. “ You who dwell in the shelter of the most high, who abide in the shadow of the Almighty, say to the Lord, my refuge and fortress, my God in whom I trust God will rescue you from the fowler’s snare, from the destroying plague, Will shelter you with pinions.” (Psalm 91: 1-4)

At this point I realized under the shadow of the Almighty; all my encounters in Life, “ I became aware of the Devine protection of the Almighty God.”

Therefore, on my Cursillo weekend, “I experienced the grace of God among myself, and others. It was an atmosphere of friendship and love. I also, experienced life in grace; in a miraculous way. I saw Christianity in action.”

On my third day I was convinced, my life would change forever. I started living the 4th day with no regrets. “Since then, I am now involved with the Toronto East Ultreya. I met many people living the example of Cursillo, the 4th day. I witness total security in the life of grace being lived daily.” In Piety, Study, Action.

I decided to learn whatever I thought would be beneficial to me. However, the graces I have received through Cursillo and participating in activities, have lead me to reach out to others to strengthen their faith.

Through prayers and palanca, I served in the kitchen at the men's and women's weekends, which was rewarding physically and spiritually. It was a great place to serve. Meanwhile, the support to continue this process of conversion, in which I deepen my friendship with Christ; "I was more convinced of God's love in my daily struggles. I found total security."

Participating in the music ministry. singing and learning to play many instruments, is certainly up lifting. In September 2009, I was invited to be the Music Director. "I prayed and offered this up to God for several weeks, to give me the insight to come to a decision." I was granted the word of wisdom from Christ; with God all things are possible. I finally accepted the position in December of 2009.

We are invited to a lifelong relationship with Christ. What I have experienced is to implement what I have learned on the Cursillo weekend. "A life in grace that I share in his presence." I now rely on Christ to sustain me and strengthen my spiritual attributes, to carry me forward.

Above all, I have to be committed. "Commitment is the willingness and desire to do something. The best commitment is that which begins from within."

De Colores! Clement Hazell, Music Director.

GRAND ULTREYA PHOTO GALLERY **December 2009 Hosted by Toronto East Ultreya**





Secretariat for 2009-2010

Name	Position	Phone	E-Mail
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